



ATHLETES & ESSENTIAL OILS

STRUCTURE

- Pre-workout
- During workout
- Post workout
- Daily Support



PRE-WORKOUT

DEODORANT

- Coconut oil extract
- White beeswax
- Zinc oxide



NINGXIA NITRO



- Support for the body and the mind
- Cognitive fitness
- Physical performance

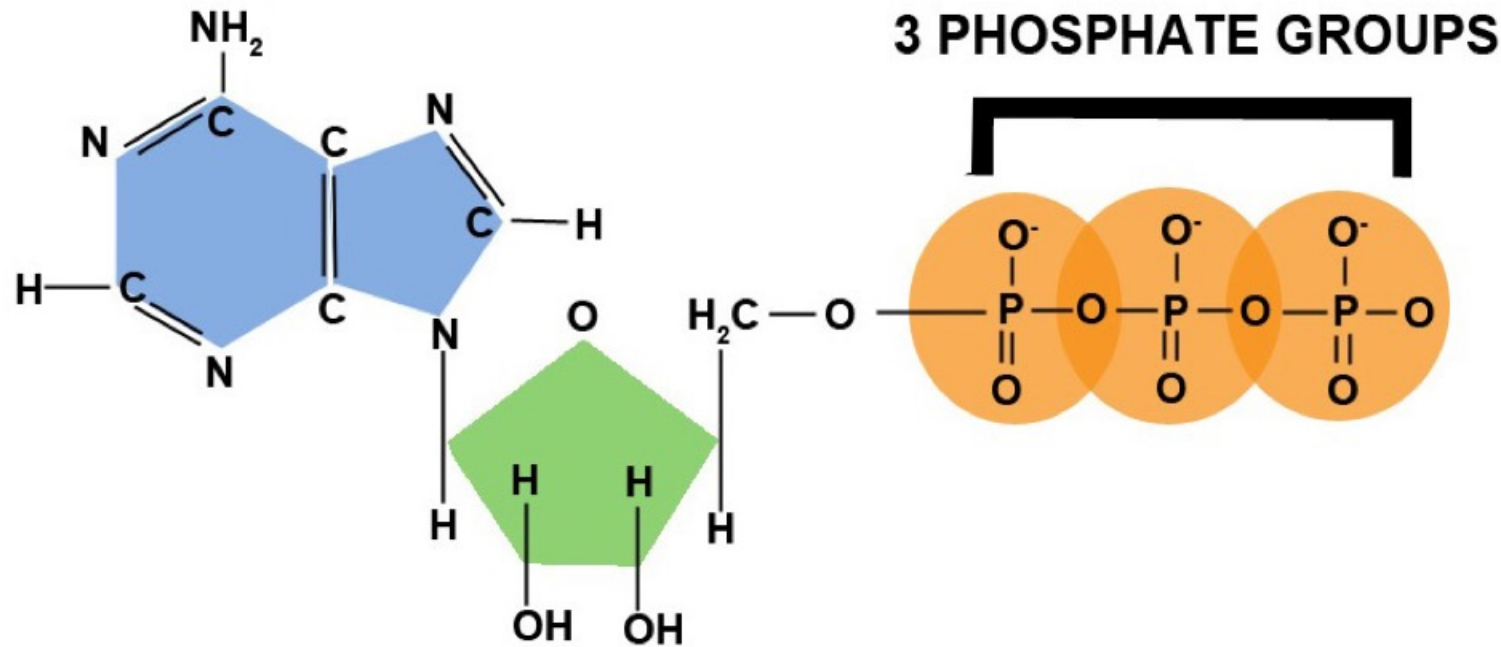
MIND-BODY BLEND

- Korean ginseng
- Green tea extract
- Mulberry leaf extract
- B3, B6, B12, choline
bitrate
- Bioenergy Ribose



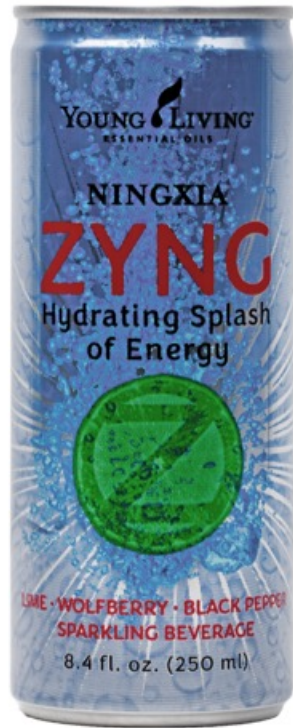
BIOENERGY RIBOSE®

ADENINE



RIBOSE

NINGXIA ZYNG



- Hydrating energy
- Preservative free
- No artificial colors or flavors
- Vitamins A, E, B3, and B5

SLIQUE BARS



- Inulin
- Potato skin extract
- Orange
- Cinnamon
- Berries
- Nuts
- Gluten-free



DURING THE WORKOUT

WORKOUT ESSENTIAL OILS



HYDRATION

- Water loss must be replaced
- Drink before and during workout



KEEP IT CLEAN



- Gyms can be icky
- Spray a rag and used to wipe down gym equipment of yoga mats
- Purify hands



POST-WORKOUT

POST WORKOUT ESSENTIAL OILS



- Create a post-workout muscle rub with PanAway, Relive It, or Wintergreen
- Roll on Deep Relief

REFRESH AT THE GYM



- Lavender Shampoo
- Lavender Conditioner
- Morning Start Shower Gel
- Genesis
- Lavender Lip Balm

PURE PROTEIN COMPLETE

- Supports the body in building lean muscle
- Supports muscle recovery
- Supports ATP production with ElevATP
- Provides a full range of amino acids

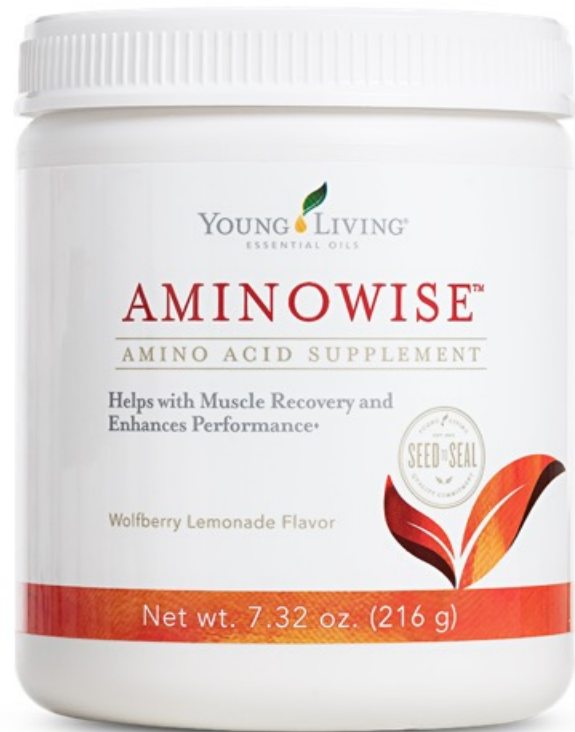


PURE PROTEIN

- **KEY INGREDIENTS**
 - Enzyme and probiotic blend
 - Vitamins B1, B2, B3, B5, B6, B12, Calcium, Zinc, Folate



AMINOWISE



- Branched chain amino acids and antioxidants fights muscle, prevents muscle catabolism from exercise
- Enhances muscle recovery during and after exercise

COOL AZUL PAIN CREAM



- Relieve minor muscle and joint aches, arthritis, strains, bruises, and sprains
- Key ingredients
 - Methyl salicylate: alleviates pain
 - Menthol: acts as a counter-irritant

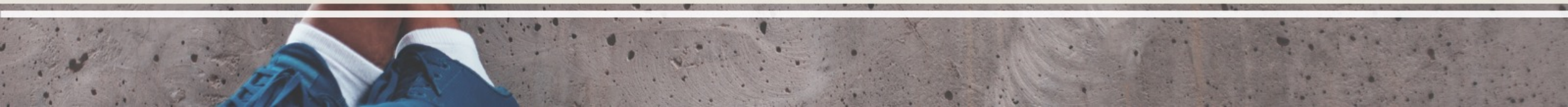
COOL AZUL PAIN CREAM



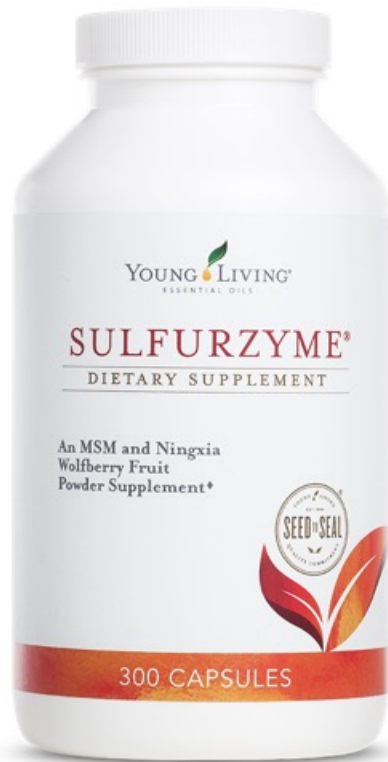
- How to use
 - Apply to affected area not more than 3 to 4 times daily.
- Precautions
 - Children
 - Blood thinning medicines



DAILY SUPPORT FOR ATHLETES

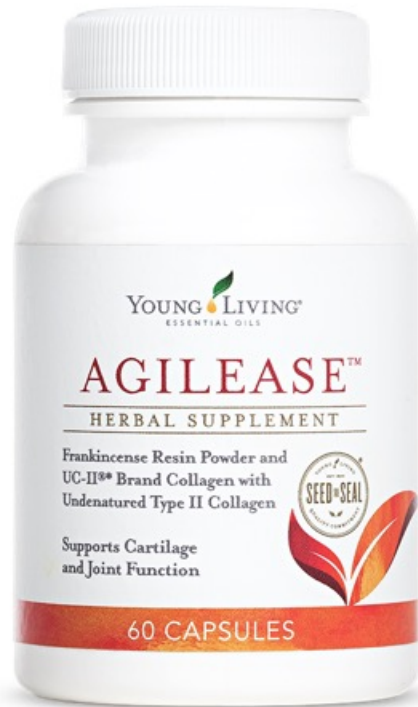


SULFURZYME



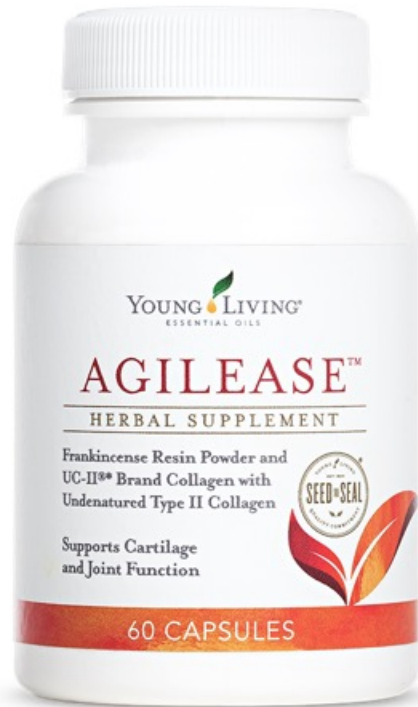
- MSM
- Wolfberry
- Supports joint health
- Supports recovery time and acute inflammation with exercise

AGILEASE



- Reduce inflammation and get great mobility and flexibility in joints
- Perfect for athletes and aging joints

AGILEASE



- **KEY INGREDIENTS:**
 - Frankincense resin powder
 - Undenatured collagen
 - Calcium fructoborate

POWERGIZE

- Blue Spruce, Goldenrod, and Cassia essential oils
- Formulated to help individuals of all ages boost stamina and performance
- KSM-66, a premium ashwagandha root extract



CONTENT CREATED BY:

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